

Heather Lokteff, MS., LPC  
Licensed Professional Counselor  
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## **Professional Disclosure Form and Guidelines:**

Thank you for choosing me as your therapist. So as to better serve you, and in keeping with Oregon State law, I am providing you with the following information. We can review this document together at which time I will answer any questions you may have.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. To maintain my license I am required to participate in annual continuing education, taking classes dealing with subjects relevant to this profession. I hold a Master of Science in Counseling Psychology from Evangel University in Springfield, MO. Major areas of study include human growth and life development, ethics, assessment and treatment, and theories of psychotherapy. My counseling style pulls from the therapeutic models of cognitive-behavioral therapy, attachment theory, and family systems therapy. I utilize practical applications to integrate sessions into the everyday lives of adults, teens, and families. I also incorporate strength-based and evidence-based practices. I use family and individual therapy to facilitate expression of thoughts, feelings and behavior leading towards skill development in solving problems and making decisions.

I provide counseling services in my office at \$125.00 per hour (45-50 minute sessions). Payment and/or co-pays are due in full by cash, major credit card, or check at the end of each session. Per request, I charge the same rate for report writing and community-based meetings (school, court, etc).

Client Rights: As my client you have the following rights:

1. To expect that a licensee has met the minimal qualifications of training and experience required by state law;
2. To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
3. To obtain a copy of the Code of Ethics
4. To report complaints to the Board;
5. To be informed of the cost of professional services before receiving the services;
6. To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
  - a) Reporting suspected child or elder abuse;
  - b) Reporting imminent danger to self, others, or the community;
  - c) Reporting information required in court proceedings or by the client's insurance company or other relevant agencies;
  - d) Reporting information concerning licensee case consultation or supervision;
  - e) Defending claims brought by the client against the licensee;
7. To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. To maintain my license I am required to participate in annual continuing education, taking classes dealing with subjects relevant to this profession. You may contact the Board of Licensed Professional Counselors and Therapists at: 3218 Pringle Road SE, #250, Salem, OR 97302-6312 (503) 378-5499